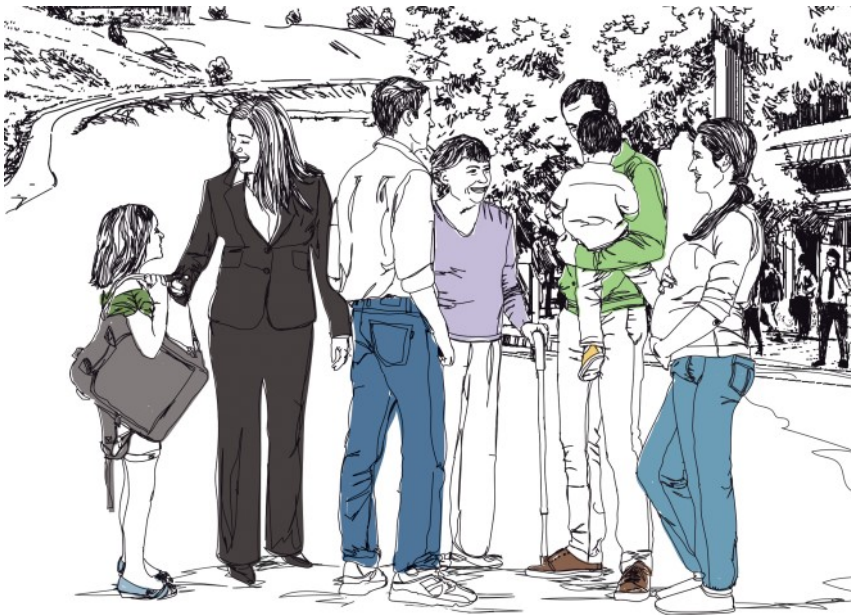


Services offerts

CLSC de Saint-Esprit

Centre intégré de santé et de services sociaux de Lanaudière



450 839-3676

Sans frais : 1 800 363-1723

110, rue Saint-Isidore
Saint-Esprit (Québec)
J0K 2L0

Québec 

Services offered by the CLSC

IMPORTANT | Certains termes et conditions regarding the services offered at CLSCs may be subject to change.

Before traveling, it is best to check with the CLSC.

Contact your CLSC at 450 839-3676.

When you call the CLSC, please :

- Have your health insurance card handy
- Explain your situation accurately



Health Services

- Do you have a health problem?
- Do you need assistance or follow-up after a surgery?
- Do you need follow-up treatments because of your health condition?

Services offered - By appointments :

- ample collection/testing (blood tests, urine tests, etc.)
www.clicsante.ca - 1 833 991-2663
- Nursing care (bandaging, injections, teaching, etc.)
- Medical consultation (registered patients)
- Screening tests for STIs/Birth control, etc.
- RAMQ card authentication (without appointment)



Home Support Services

- Is your **autonomy limited** or are you **unable to get around easily** because of your health condition?
- Do you need **temporary assistance** at home?

Contact the home support reception service at
at 450 757-2572 (450 757-CLSC) or 1 866 757-2572.

Services offered :

- Home care assistance (personal hygiene, meals, etc.)
- Help and support for people with disabilities
- Fall prevention program
- In-home nursing care following surgery or a hospital stay, or in cases of chronic disease
- Self-treatment teaching and follow-up
- Respiratory therapy, occupational therapy, physical rehabilitation services, dietitian services, etc.
- In-home social services (coping with an illness, assessing residential services or protection plans, negligence or violence against an elderly person, etc.)
- Day Centre (nursing care, social or rehabilitation services, group activities and respite care)
- Home adaptation assessment
- Equipment loans (wheelchair, walker, hospital bed, etc.)
- Material assistance program for people with disabilities
- Direct allowance program for home care assistance and respite care
- Palliative care assistance and support



Children, Youth and Family Services

- Are you preparing for the **birth of a child**?
- Is your **child's development** worrying you?
- Does your child's **health** require monitoring?
- Are you questioning your **skills** or your **abilities as a parent**?

Services offered :

- Vaccination
- Prenatal courses
- Postnatal visits
- Breastfeeding support
- Preventive dental hygiene
- Support to families with a disabled child and respite care
- OLO Program (egg-milk-orange)
- Integrated Perinatal and Early Childhood Services Program
(Programme SIPPE in French)
- Psychosocial services to youngsters in difficulty and their families/Youth mental health services

Other services offered by the CISSS



811 Info-Santé / Info-Social / GAP

Info-Santé : are you concerned with your physical health dial **811 ext.1**

Info-Social : if you, or a loved one, are experiencing various psychosocial difficulties dial **811 ext. 2**

GAP : for orphaned patients wishing to obtain an appointment with a healthcare professional **GAP.soinsvirtuels.gouv.qc.ca** or dial **811 ext. 3**



**This service is confidential and accessible
24 hours a day 7 days a week.**

Services Offered:

- Sound advice and referral to key resources.



Health Services

Services offered :

- Abortion clinic (CLSC de Joliette) : 450 755-2111, ext. 422418
- Asthma Instructional Centre (Centre hospitalier De Lanaudière) : 450 759-8222, ext. 2792
- Smoking Cessation Centre (CLSC de Joliette) : 450 755-2111 ext. 422313 or cea-cat.nord.ciessleran@ssss.gouv.qc.ca



Mental Health and Psychosocial Services

- Are you or is a loved one:
 - ♦ Struggling to **overcome a trying ordeal** (major turning point in life, death of a loved one, separation, fire or natural disaster, etc.)?
 - ♦ Having **trouble at work**, with your personal **finances, housing**, etc.?
 - ♦ Having **mood changes** (depression, anxiety, anger, irritability, fear) that affect your ability to function?
- Does your child have **behaviour** or **adaptation problems**?

Dial 811, option 2 to contact Info-Social.

Services Offered - Adult:

- Initial meeting, assessment, orientation and referrals
- Psychosocial services by appointment for personal or family problems, relationship issues, crisis situation, etc.
- Alcochoix



Services in the Fields of Intellectual or Physical Disabilities and Autism Spectrum Disorders

- Are you, your child or a loved one having **problems** related to your **disability** or **difficulties**?
- Do you think your child may have a **developmental delay**?

Contact the centralized ID-PD-ASD reception service at
1 877 322-2898 or guichet.ditsadp.ciessleran@sss.gouv.qc.ca.



Addiction Rehabilitation Centre

Are you suffering from **substance abuse, alcoholism** or **compulsive gambling**?

Contact the centre nearest you:

- Joliette : 450 755-6655
- Charlemagne : 450 657-0071
- Terrebonne : 450 492-7444



Rural nursing services

For people 50 years of age or older

In Saint-Calixte, Saint-Jacques, Saint-Liguori, Saint-Lin-Laurentides, Sainte-Julienne et Sainte-Marie-Salomé

Contact CLSC de Saint-Esprit
at 450 839-3676 or toll free 1 800 363-1723, ext. 434387.

Service Quality and Complaints Commissioner

450 759-5333, ext. 2133 or 1 800 229-1152, ext. 2133

Email : plaintes.cissslan@ssss.gouv.qc.ca

CISSS de Lanaudière Users Committee

450 759-5825 or 1 833 649-5733 (voicemail)

Email : cucilanaudiere@gmail.com

Quebec Family Doctor Finder

You don't have a **family doctor**? Register now.

- Online : www.gamf.gouv.qc.ca
- By telephone : 1 833 755-4263 (GAMF)

Transport/Support services offered by our partners

Adapted transportation service of the Montcalm RCM :
450 831-2182 or 1 888 242-2412, ext. 7031 ou 7032

Montcalm Volunteer Community Center :
450 839-3118 or 1 888 839-3440

Groupe d'entraide et d'amitié de Sainte-Julienne :
450 831-8464