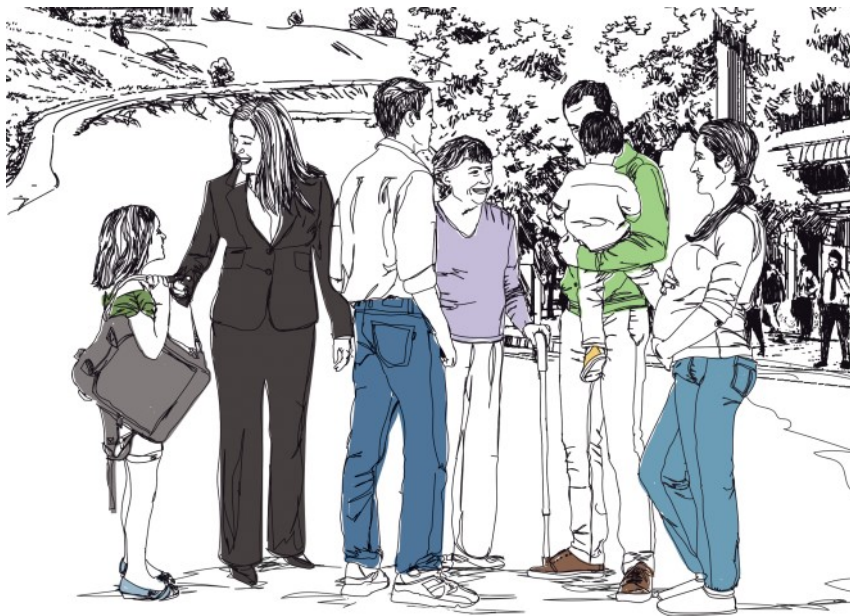


Services Offered

CLSC de Saint-Calixte

Centre intégré de santé et de services sociaux de Lanaudière



1 844 333-0233

6295, rue Principale
Saint-Calixte (Québec)
J0K 1Z0

Québec 

Services offered by the CLSC

IMPORTANT | Certains termes et conditions regarding the services offered at CLSCs may be subject to change. Before traveling, it is best to check with the CLSC.

Contact your CLSC at 1 844 333-0233.

When you call the CLSC, please :

- Have your health insurance card handy
- Explain your situation accurately

Services offered :

CLSC Saint-Calixte

- RAMQ card authentication (without appointment)
- Medical consultation (registered patients)

CLSC Saint-Esprit

450 839-3676 or 1 800 363-1723, ext. 434387

- Sample collection/testing (blood tests, urine tests, etc.)
- Nursing care (bandaging, injections, teaching, etc.)
- Screening tests for STIs/Birth control

Quebec Family Doctor Finder (GAMF)

You don't have a **family doctor**? Register now.

Online : www.gamf.gouv.qc.ca

By telephone : 1 833 755-4263 (GAMF)



Home Support Services

- Is your **autonomy limited** or are you **unable to get around easily** because of your health condition?
- Do you need **temporary assistance** at home?

Contact the home support reception service at
450 757-2572 (450 757-CLSC) or 1 866 757-2572.

Services offered :

- Home care assistance (personal hygiene, meals, etc.)
- Help and support for people with disabilities
- Fall prevention program
- In-home nursing care following surgery or a hospital stay, or in cases of chronic disease
- Self-treatment teaching and follow-up
- Respiratory therapy, occupational therapy, physical rehabilitation services, dietitian services, etc.
- In-home social services (coping with an illness, assessing residential services or protection plans, negligence or violence against an elderly person, etc.)
- Day Centre (nursing care, social or rehabilitation services, group activities and respite care)
- Home adaptation assessment
- Equipment loans (wheelchair, walker, hospital bed, etc.)
- Material assistance program for people with disabilities
- Direct allowance program for home care assistance and respite care
- Palliative care assistance and support



Children, Youth and Family Services

- Are you preparing for the **birth of a child**?
- Is your **child's development** worrying you?
- Does your child's **health** require monitoring?
- Are you questioning your **skills** or your **abilities as a parent**?

Services offered (CLSC de Saint-Esprit) :

- Vaccination
- Prenatal courses
- Postnatal visits
- Breastfeeding support
- Preventive dental hygiene
- Support to families with a disabled child and respite care
- Olo program
- SIPPE program (integrated perinatal and early childhood services)
- Psychosocial services for young people in difficulty and their families/Youth mental health services

Other services offered by the CISSS



811

Info-Santé / Info-Social / GAP

Info-Santé : are you concerned with your physical health dial **811 ext.1**

Info-Social : if you, or a loved one, are experiencing various psychosocial difficulties dial **811 ext. 2**

GAP : for orphaned patients wishing to obtain an appointment with a healthcare professional **GAP.soinsvirtuels.gouv.qc.ca**
or dial **811 ext. 3**



**This service is confidential and accessible
24 hours a day 7 days a week.**

Services Offered:

- Sound advice and referral to key resources.



Health Services

Services offered :

- Abortion clinic (CLSC de Joliette) : 450 755-2111, ext. 422418
- Asthma Instructional Centre (Centre hospitalier De Lanaudière) : 450 759-8222, ext. 2792
- Smoking Cessation Centre (CLSC de Joliette) : 450 755-2111 poste 422313 or cea-cat.nord.cissslan@ssss.gouv.qc.ca



Mental Health and Psychosocial Services

- Are you or is a loved one:
 - ◆ Struggling to **overcome a trying ordeal** (major turning point in life, death of a loved one, separation, fire or natural disaster, etc.)?
 - ◆ Having **trouble at work**, with your personal **finances, housing, etc.**?
 - ◆ Having **mood changes** (depression, anxiety, anger, irritability, fear) that affect your ability to function?
- Does your child have **behaviour** or **adaptation problems**?

Dial 811, option 2 to contact Info-Social.

Services offered - Adult :

- Initial meeting, assessment, orientation and referrals
- Psychosocial services by appointment for personal or family problems, relationship issues, crisis situation, etc.
- Alcochoix



Services in the Fields of Intellectual or Physical Disabilities and Autism Spectrum Disorders

- Are you, your child or a loved one having **problems** related to your **disability** or **difficulties**?
- Do you think your child may have a **developmental delay**?

Contact the centralized ID-PD-ASD reception service at 1 877 322-2898 or guichet.ditsadp.cissslan@ssss.gouv.qc.ca.



Addiction Rehabilitation Centre

Are you suffering from **substance abuse, alcoholism** or **compulsive gambling**?

Contact the centre nearest you :

- Joliette : 450 755-6655
- Charlemagne : 450 657-0071
- Terrebonne : 450 492-7444



Rural nursing services

For people 50 years of age or older

In Saint-Calixte, Saint-Jacques, Saint-Liguori, Saint-Lin-Laurentides, Sainte-Julienne et Sainte-Marie-Salomé

Contact the CLSC de Saint-Esprit at 450 839-3676 or toll free 1 800 363-1723, ext. 434387.

Service Quality and Complaints Commissioner

450 759-5333, ext. 2133 or 1 800 229-1152, ext. 2133

Email: plaintes.cissslان@ssss.gouv.qc.ca

CISSS de Lanaudière Users Committee

450 759-5825 or 1 833 649-5733 (voicemail)

Email: cucilanaudiere@gmail.com

Quebec Family Doctor Finder

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- By téléphone : 1 833 755-4263 (GAMF)

Transport/Support services offered by our partners

Adapted transportation service of the Montcalm RCM :

450 831-2182 or 1 888 242-2412, ext. 7031 ou 7032

Montcalm Volunteer Community Center :

450 839-3118 or 1 888 839-3440

Groupe d'entraide et d'amitié de Sainte-Julienne :

450 831-8464